



1-DAY COURSE PROGRAM

COMBINED MANICURE ALGORITHM



Training from 10:00 to 19:00 with a break for lunch. Get ready to work hard!

- You will learn the step-by-step algorithm of combined manicure, **leveling**, and the even application of semi-permanent **nail polish below the cuticle without drips**. You will also learn how to remove old material, work with the **electric manicure machine** and **scissors**, and understand the **drill cutters**.
- You will forever free yourself from **fears**: you will not be afraid to use drill cutters, **cut the cuticle with scissors**, or injure the client.
- We will provide only the necessary theory with diagrams and demonstrations of each stage on the model.
- You will practice on tips, on yourself, and on a model.

INTENSIVE PROGRAM.

WHAT TO EXPECT SPECIFICALLY?

10:00 **Introduction.** Brief and concise theory with a demonstration of each stage using diagrams and models.



We explain how to work with the electric nail drill, what drill cutters choose and what necessary materials should be used.



We break down the step-by-step algorithm of combined manicure, from removing the old material to applying new semi-permanent nail polish.

12:30 **Practice on tips.**



We practice uniform filing, preparing the nail plate for polishing, applying semi-permanent nail polish, and removal.

13:00 **Second practice.**

01.

You will perform a **manicure on your own hand**

02.

Learn to feel the pressure of the drill bit, the rotation speed, and the client's sensations



14:30 Lunch break

15:00 **Third practice**

We review all the steps of combined manicure with semi-permanent nail polish on **a model:**

- Clean manicure
- Leveling of the nail plate
- Creating **perfect highlights**
- Even application of semi-permanent nail polish below the cuticle
- Popular designs

18:00 Photo report: we take memorable photos for the portfolio

18:15 Workspace cleanliness rules

Disinfection and preparation of tools for sterilization for the next day's work

18:30 Personalized certificate and gifts presentation



BONUS: Video tutorial "Algorithm of combined manicure"

€100 DISCOUNT on the main course

GIFT: "Materials and Tools Guide"

COMBINED MANICURE ALGORITHM

with Demonstration of Each Stage Using
Diagrams and Models:



Removal of Old Material

Selection of the appropriate drill
cutter and determination
of comfortable revolutions for work

Detailed demonstration of how
to remove the material step by step
on a diagram



Filing the Shape

Important rules for shaping filing, filing
technique, prevention of common
mistakes, and their correction



Combined Manicure and Preparation for Polishing

- Guidelines that facilitate the subsequent application of semi-permanent nail polish and allow inserting the material deep below the cuticle
- How to create a space below the cuticle correctly, which tools to use
- Recommended revolutions of the electric nail file for this manicure technique
- How to properly hold the client's hand to cover the entire surface
- Proper positioning of the drill bit on the nail plate to avoid accidental cuts
- Treatment of the cuticle and the nail plate
- How to safely manipulate the skin without the risk of spills or accidental cuts
- Effective treatment of thickened areas on the sides of the nails
- Working technique with the drill cutter without accidental cuts
- Correct scissors grip and cutting angle
- Finish of the cuticle after cutting with scissors to avoid the formation of "skirts" and separation of the skin



Leveling



Determination of the apex point



Prevention of nail enlargement without the need to rotate the hand



Proper volume of material needed for different nail areas, even strengthening of sides and corners



Semi-Permanent Nail Polish Application



How to prevent nail polish from spilling onto the sides of the nails



How to stretch the skin to apply semi-permanent nail polish deep below the cuticle without the need for a thin brush



How to achieve even nail polish application



Application of top coat for a perfect shine



Final filing after applying semi-permanent nail polish.
Secret: why it is important.