

1-Day Course Program

# Basic Salon Designs: French, Baby Boomer, Gradient, Cat Eye & Mirror Effect (Chrome)



Training from 10:00 to 14:00.  
Get ready to work hard!

This is an intensive hands-on course for **nail technicians who want to master and refine the most in-demand nail design techniques** used in salons.

**This course is results-oriented:** you'll be ready to confidently use these techniques in the salon and significantly reduce your design timing.

## What you'll learn?

- How to professionally create a **French design** with a crisp smile line
- How to make a soft **Baby Boomer** with a smooth color transition
- How to blend **gradients using a brush and sponge**
- How magnetic gels work and how to create **Cat Eye effects**
- How to properly prepare the nail for **chrome application and achieve bright, long-lasting shine using different types of pigments**

# Course Program

## What exactly to expect?



Clear and compact theory – no fluff



Step-by-step instructor demonstrations



Practice immediately after each explanation  
we work on tips



Personalized feedback, error correction, and  
guidance



Personalized course completion certificate

## 10:00 – 10:15 **Theory**

- Welcome and introduction
- Overview of the main design types: French, Baby Boomer, Gradient, Cat Eye, and Mirror Effect
- Tools and materials needed for each technique
- Tips on choosing high-quality products: gels, top coats, magnets, pigments, and special effects

## 10:15 – 11:00 **Practice: French**

### **Instructor demo:**

- Classic French technique
- Using camouflage bases and creating the smile line

### **Student practice:**

- Creating classic French on tips
- Error correction and feedback

## 11:00 – 11:40 **Practice: Baby Boomer**

### **Instructor demo:**

- Smooth fade from white to pink
- Using a brush or sponge to blend

### **Student practice:**

- Creating Baby Boomer on tips
- Error correction and feedback

11:40 – 12:00 Coffee/Tea Break

## 12:00 – 12:30 **Practice: Gradient**

### **Instructor demo:**

- How to create a color transition with a brush or sponge

### **Student practice:**

- Gradient design on tips
- Error correction and feedback

## 12:30 – 13:00 **Practice: Cat Eye**

### **Instructor demo:**

- Using magnetic gels to create the Cat Eye effect
- Design variations: lines, waves, 3D effects

### **Student practice:**

- Creating Cat Eye designs
- Error correction and feedback

## 13:00 – 13:30 **Practice: Mirror Effect**

### **Instructor demo:**

- Preparing the nail surface for chrome (smooth and even finish)
- Types of powders: mirror, holographic, pearlescent
- Application methods: brush or sponge applicator

### **Student practice:**

- Applying mirror effect on tips
- Error correction and feedback

## 13:30 – 14:00 Course Wrap-Up

### Summary and review:

- Feedback on student work
- Q&A session
- Certificate distribution



**Bonus Design Guide included** – helps you collect all the essential materials for both basic and more advanced designs